

# WEEK | DAY TWO | ONE

**Part of how the Bible talks about God being our light is in the comfort He provides us. In this way, He is like a light that shines on a dark path. Psalm 27:1 talks about God this way.**

## **Psalm 27:1**

*The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid?*

As people who live in a fast-paced world, it's so easy for us to miss things. So, do this: slow down for a second and read that verse again. Really slow down as you read that first sentence. This is David writing. You know who David is. The guy who killed a giant with a slingshot when he was just a kid. The guy who would become king over all of Israel. This is David saying that the LORD, God, is his light and salvation. This is a true statement David is making about God. God was David's salvation. If you have come to saving faith in Christ, He is yours, too. But I want to focus on that first part for a moment.

God was David's light, and because of this, David did not fear. What did David have to be afraid of? We have no real way of knowing with any certainty when David wrote this psalm. Maybe he was younger and was afraid of the predators that stalked him in the night when he was watching over sheep. Maybe he was older and feared the enemies that were always trying to destroy him and Israel. Maybe he feared failure. Maybe he was afraid of his weaknesses. We don't know. But what we know is that David understood that God was and is the light that drives away fear.

What do you fear? More importantly, do you believe, truly believe, that God can drive out your fear? Can you say, like David could, that God is the stronghold of your life?

Here's what you're going to do in today's devotional. You're going to stop for a moment and think about the things in your life that make you afraid. I know, I know; this doesn't seem like a super fun activity. But, if it's true that God can drive out your fear, shouldn't we want to take the time to process this?

Sometimes naming things takes away their power. Just saying them out loud or writing about them brings them out in the open. So, let's start by doing something powerful. Let's write out the things that cause you to fear.

## **What are you afraid of?**

Now, I want you to get your heart and mind right. Listen to how God is speaking to you. Think for a second. Look back up at the fear(s) you have listed. Now, think about specifically how God can help drive those fears out of your heart.

## **How can God help?**

Knowing something is true and embracing it as truth are two different things. I want you to write a statement describing your commitment to BELIEVING that God can and will remove your fear in the space below. Maybe it starts like, "I believe God can help me to not be afraid of \_\_\_\_\_."

## **Do you believe God?**

Your goal today, and the days that follow, is to embrace this truth, trust in God, and believe that He can do what His Word promises that He will do. Be bold. Be expectant. And above all else, be thankful that God is the light that drives out fear.